

## Find great holiday items at Solana Pacific Elementary School's Holiday Boutique on Nov. 17

Bring your friends, holiday gift list and "shop 'til you drop" at the Solana Pacific Elementary School Holiday Boutique, which will be held Tuesday, Nov. 17, from 10 a.m.-6 p.m. Save yourself a trip to the mall and do your holiday shopping to support this local school. A wide variety of vendors will offer the latest in unique gifts, clothing, jewelry, handbags and accessories, home décor, books, gourmet food, children's items and more. Bid on your favorite teacher at the Teacher Silent Auction! Shoppers can enter a raffle for exciting prizes donated by the boutique vendors!



The event will be held at Solana Pacific Elementary School Theater, 3901 Townsgate Dr., San Diego, CA 92130.

A portion of the proceeds will benefit Solana Pacific's Foundation for Learning Programs.

For more information, go to [www.boutiquesforacause.com](http://www.boutiquesforacause.com).

## Princeton authors Charles Gross and Joyce Carol Oates to appear at Book Works Nov. 6, 7

Authors Charles Gross and Joyce Carol Oates will appear at the Book Works in Flower Hill Promenade Nov. 6 and Nov. 7. On Friday, Nov. 6, at 7 p.m., Charles G. Gross, Ph.D., author of *A Hole in the Head - More Tales in the History of Neuroscience* will speak. On Saturday, Nov. 7, at 5 p.m., Joyce Carol Oates, Ph.D., author of *A Little Bird of Heaven*, will give a presentation. Gross, professor of psychology at Princeton University, is a member of the National Academy of Sciences and a fellow of the American Academy of Arts and Sciences. He has made major contributions to the understanding of visual perception and memory.

Oates is a professor of humanities and creative writing at Princeton University. She has received numerous honors and awards, including the National Book Award. She has been called one of the greatest writers of our time. For more information, please visit [www.book-works.com](http://www.book-works.com). This event is free to the public.

The Book Works is located just east of I-5 at Via de la Valle: in the Flower Hill Mall, on the second level, next to the Pannikin coffee place (2670 Via de la Valle, Suite A230, Del Mar, CA 92014). Phone: 858-755-3735.

## Striano Piano Quartet at the Carmel Valley Library on Nov. 18

November's free family music program sponsored by the Friends of the Carmel Valley Library will be presented on Wed., Nov. 18, at 7 p.m. in the library's community room. It will feature the Striano Piano Quartet with pianist Joseph Valent, violinist Maya Ginsberg, violist Burt Fisch, and cellist Carol Tolbert. The program will include Freidrich Kiel's Quartet in A minor, Op. 43, and the last movement of Gabriel Faure's Quartet in C minor. It will last 45 minutes.



Dr. Joseph Valent is a conductor, pianist, organist, and composer-arranger. Since the age of 10 he has worked with churches, schools, universities, orchestras, and opera and theater companies. He is presently the organist and director of the Contemporary Ensemble at the Church of St. Timothy in Escondido.

Maya Ginsberg studied music performance at the University of Oregon, has a BA in music from San Diego State, and is currently working on a MA in musicology. She has been an active member of the North Coast Symphony Orchestra for the past 13 years and teaches violin and music education to elementary-school children.

Burt Fisch is a retired professional symphony and studio musician. He is a graduate of Julliard and began his career with the Minneapolis Symphony Orchestra. Now he plays chamber music and arranges music for the Quartet.

Carol Tolbert is a former member of the Richmond Symphony in Virginia, the Madison Civic Orchestra in Wisconsin, and the Kirkwood Symphony in Missouri. She currently plays in the La Jolla Symphony Orchestra and several other chamber groups.

The library is located at 3919 Townsgate Drive in Carmel Valley. For further information call (858) 552-1668.

## Expert to address 'How Parents & Students Succeed with ADHD' at The Winston School Nov. 12

Renowned developmental-behavioral pediatrician Dr. Sarita Doyle Eastman MD FAAP will headline The Winston School's fall Conversation Series "How Parents & Students Succeed with ADHD," at the school's Del Mar campus Thursday, Nov. 12.

Open to the public, the free event is from 4 - 5:30 p.m. at the Del Mar school campus at 215 Ninth Street. Guests will gather at 4 p.m. for refreshments and an opportunity to meet Dr. Eastman, followed by Dr. Eastman's presentation and a

student panel. To RSVP and submit questions to the speaker, please email [jfarrell@thewinstonschool.com](mailto:jfarrell@thewinstonschool.com).

The Winston School (<http://www.thewinstonschool.com>) is a college preparatory program for bright, creative students in grades 4 through 12 who have struggled to meet their potential. The Conversation Series launched last summer with actor Ed Asner discussing "Living Life on the Spectrum: Student and Parent Perspectives on Autism and Asperger's Syndrome."

# CHANGES IN LIFE SHOULDN'T SLOW YOU DOWN. FEEL THE BEST YOU HAVE EVER FELT!

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